

National Records as at 23 - 02 - 2020

MEN					WOMEN				
Event	Record	Name	Tournament	Year	Event	Record	Name	Tournament	Year
100 M	10.33	Hassan Saaid	MVP Track & Field Meeting	16-Apr-16	100 M	12"27	Shamha Ahmed	World C'ship/Edmonton	Aug-01
200 M	20.75	Hassan Saaid	Indian Grand Prix	11-Jul-16	200 M	24.96	Afa Ismail	Olympic Games	15-Aug-16
400 M	47.48	Hassan Saaid	JAAA Development Meet	01-Jun-13	400 M	59.18	Aishath Himna Hassan	Asian Youth Championship	15-Mar-19
800 M	1'53"08	Naseer Ismail	8th SAF Games/Nepal	1999	800 M	2'28"00	Aishath Reesha	World C'ship/Berlin	Aug-09
1500 M	4'00"06	Hussein Riyaz	6th SAF Games/Dhaka	1993	1500 M	5.14.38	Aminath Jaaisha Juneez	Asian Games 2018	30-Aug-18
3000 M	09:11.44	Hussain Fazeel Haroon	2nd National Grand Prix	04-Oct-19	3000 M	12'03"2	Fathmath Hashma Abdul Azeez	16th Nat. Tournamrnt	Dec-05
5000 M	15.30.49	Hussain Fazeel Haroon	23rd Asian Athletics Chmapionships	24-04-19	5000 M	20.10.30	Mariyam Abdul Kareem	Indian Ocean Island Games	24-Jul-19
10000 M	32.46.14	Hussain Fazeel Haroon	23rd Asian Athletics Chmapionships	21-Apr-19	10000M	42.08.62	Mariyam Abdul Kareem	South Asian Games 2019	3-Dec-19
100 M H	15"4	Hassan Zameel	2nd Inetr School	May-91	3000 M Walk	21'10"99	Aminath Ali	17th Nat.Tournament	Dec-06
5000 M Walk	28'28"8	Ibrahim Saleem	8th Nat. Meet	Aug-91	4 x 100 Relay	50.16	National Team	South Asian Games	06-Dec-19
4 x 100	41.21	National Team	South Asian Games	10-Feb-16			Mariyam Alha Hussain, Aishath Himna Hassan, Saraa Masood, Rifa Mohamed		
		Hassan Saaid, Azneem Ahmed, Hussain Inash, Hussain Haleem			4 x 200 Relay	2:01.32	Sharafuddin School	Junior Championships, Fuvahmulah	27-Mar-19
4 x 200	01:31.6	National Team	Lefika Relay Meet 2016	02-Apr-16			Kausar Adam, Mariyam Alha Hussain, Fathimath Zaara Nizar, Hawwa Shamla Shaheem		
		Ahmed Anoof Mohamed, Mohamed Naail, Ibrahim Ashfan Ali, Ali Sham			4 x 400 Relay	4:18.11	National Team	South Asian Games	11-Feb-16
4 x 400	3.14.30	National Team	IOIG/Reunion	06-Aug-15			Afa Ismail, Shamha Ahmed, Aminath Nazra, Mirfath Ahmed		
		Hassan Saaid, Hussain Riza, Ahmed Hassan, Hussain Inash			Midley Relay	2.43.17	Sharafuddin School	Interschool Championships, Male'	07-Aug-19
Midley Relay	2:02.32	National Team	BAA Track Field	10-Apr-16			Aishath Shaim Azeez, Hawwa Lubna Faiz, Asiahth Nubla Nahid Shareef, Jazula Hassan Ahmed		
		Ahmed Anoof Mohamed, Mohamed Naail, Ibrahim Ashfan Ali, Ali Sham			High Jump	1.47	Rana Ahmed Sadiq	4th Interschool	May-96
High Jump	1.85	Ahmed Zabeer	8th Association C'Ship/Male'	Oct-09	Long Jump	4.75	Nashfa Amira	Aminiya Int House	Feb-00
Long Jump	6.47	Hussain Haleem	8th Association C'Ship/Male'	Oct-09	Triple Jump	9.81	Shain Rasheed	10th Nat. Meet	Nov-96
Triple Jump	12.76	Ahmed Fail	10th Nat. Meet	Nov-96	Shot Put	8.72	Aishath Eva Abdul Gafoor	17th Nat.Tournament	Dec-06
Shot Put	11.02	Hassan Shamoon	25th National C'Ship	01-Oct-15	Discus	25.36	Aishath Eva Abdul Gafoor	17th Nat.Tournament	Dec-06
Discus	32.30	Hassan Shamoon	24th National C'Ship	24-Oct-14	Javelin	34.56	Aminath Shiura	19th National Tournament	Dec-08
Javelin	47.60	Abdulla Mahir	13th Interschool/Male	06-Aug-10	5 Km	15:33	Mohame Rasheed	Ras Al Khaimah Half Marathon	21-Feb-2020
5 Km	15:33	Mohame Rasheed	Ras Al Khaimah Half Marathon	21-Feb-2020	10 Km	31:48	Hussain Fazeel Haroon	Semi Marathon & 10km International De Meknès	18-Feb-18
10 Km	31:48	Hussain Fazeel Haroon	Semi Marathon & 10km International De Meknès	18-Feb-18	15 Km	51:42	Shifaz Mohamed	Prague Half Marathon	06-Apr-19
15 Km	51:42	Shifaz Mohamed	Prague Half Marathon	06-Apr-19	20 Km	1:09:21	Shifaz Mohamed	Prague Half Marathon	6-Apr-19
20 Km	1:09:21	Shifaz Mohamed	Prague Half Marathon	6-Apr-19	Half Marathon	1:10.55	Shifaz Mohamed	Indian Ocean Islan Games	26-Jul-19
Half Marathon	1:10.55	Shifaz Mohamed	Indian Ocean Islan Games	26-Jul-19	Marothon	2:32.56	Shifaz Mohamed	Dubai Marathon	25-Jan-19
Marothon	2:32.56	Shifaz Mohamed	Dubai Marathon	25-Jan-19	Marathon	3:21.54	Mariyam Abdul Kareem	South Asian Games	07-Dec-19