

## National Records as at 01-09-2019

<b>MEN</b>					<b>WOMEN</b>				
<b>Event</b>	<b>Record</b>	<b>Name</b>	<b>Tournament</b>	<b>Year</b>	<b>Event</b>	<b>Record</b>	<b>Name</b>	<b>Tournament</b>	<b>Year</b>
100 M	10.33	Hassan Saaid	MVP Track & Field Meeting	16-Apr-16	100 M	12"27	Shamha Ahmed	World C'ship/Edmonton	Aug-01
200 M	20.75	Hassan Saaid	Indian Grand Prix	11-Jul-16	200 M	24.96	Afa Ismail	Olympic Games	15-Aug-16
400 M	47.48	Hassan Saaid	JAAA Development Meet	01-Jun-13	400 M	59.18	Aishath Himna Hassan	Asian Youth Championship	15-Mar-19
800 M	1'53"08	Naseer Ismail	8th SAF Games/Nepal	1999	800 M	2'28"00	Aishath Reesha	World C'ship/Berlin	Aug-09
1500 M	4'00"06	Hussein Riyaz	6th SAF Games/Dhaka	1993	1500 M	5.14.38	Aminath Jaaisha Juneez	Asian Games 2018	30-Aug-18
3000 M	09:29.21	Hussain Fazeel Haroon	National Grand Prix	13-Sep-18	3000 M	12'03"2	Fathmath Hashma Abdul Azeez	16th Nat. Tournamrnt	Dec-05
5000 M	15.30.49	Hussain Fazeel Haroon	23rd Asian Athletics Chmapionships	24-04-19	5000 M	20.10.30	Mariyam Abdul Kareem	Indian Ocean Island Games	24-Jul-19
10000 M	32.46.14	Hussain Fazeel Haroon	23rd Asian Athletics Chmapionships	21-Apr-19	10000M	42.44.80	Mariyam Abdul Kareem	Indian Ocean Island Games	23-Jul-19
100 M H	15"4	Hassan Zameel	2nd Inetr School	May-91					
5000 M Walk	28'28"8	Ibrahim Saleem	8th Nat. Meet	Aug-91	3000 M Walk	21'10"99	Aminath Ali	17th Nat.Tournament	Dec-06
4 x 100	41.21	National Team	South Asian Games	10-Feb-16	4 x 100 Relay	51.32	National Team	South Asian Games	10-Feb-16
		Hassan Saaid, Azneem Ahmed, Hussain Inash, Hussain Haleem					Afa Ismail, Shamha Ahmed, Aminath Nazra, Mirfath Ahmed		
4 x 200	01:31.6	National Team	Lefika Relay Meet 2016	02-Apr-16	4 x 200 Relay	2:01.32	Sharafuddin School	Junior Championships, Fuvahmulah	Mar-19
		Ahmed Anoof Mohamed, Mohamed Naail, Ibrahim Ashfan Ali, Ali Sham					Kausar Adam, Mariyam Alha Hussain, Fathimath Zaara Nizar, Hawwa Shamla Shaheem		
4 x 400	3.14.30	National Team	IOIG/Reunion	06-Aug-15	4 x 400 Relay	4:18.11	National Team	South Asian Games	11-Feb-16
		Hassan Saaid, Hussain Riza, Ahmed Hassan, Hussain Inash					Afa Ismail, Shamha Ahmed, Aminath Nazra, Mirfath Ahmed		
Midley Relay	2:02.32	National Team	BAA Track Field	10-Apr-16	Midley Relay	2:46.31	Track and Field Association	Junior Championships, Fuvahmulah	27-Mar-19
		Ahmed Anoof Mohamed, Mohamed Naail, Ibrahim Ashfan Ali, Ali Sham					Aishath Aileen Hunaif, Aminath Nazhan Mohamed, Mriyam Layana Ismail, Aishath Ain Ahmed		
High Jump	1.85	Ahmed Zabeer	8th Association C'Ship/Male'	Oct-09	High Jump	1.47	Rana Ahmed Sadiq	4th Interschool	May-96
Long Jump	6.47	Hussain Haleem	8th Association C'Ship/Male'	Oct-09	Long Jump	4.75	Nashfa Amira	Aminiya Int House	Feb-00
Triple Jump	12.76	Ahmed Fail	10th Nat. Meet	Nov-96	Triple Jump	9.81	Shain Rasheed	10th Nat. Meet	Nov-96
Shot Put	11.02	Hassan Shamoon	25th National C'Ship	01-Oct-15	Shot Put	8.72	Aishath Eva Abdul Gafoor	17th Nat.Tournament	Dec-06
Discus	32.30	Hassan Shamoon	24th National C'Ship	24-Oct-14	Discus	25.36	Aishath Eva Abdul Gafoor	17th Nat.Tournament	Dec-06
Javelin	47.60	Abdulla Mahir	13th Interschool/Male	06-Aug-10	Javelin	34.56	Aminath Shiura	19th National Tournament	Dec-08
5 Km	15:50	Hussain Fazeel Haroon	5Km National de Lakrazza	24-Mar-18	5Km	20:47.0	Mariyam Abdul Kareem	Dhiraagu Maldives Road Race	24-Nov-17
10 Km	31:48	Hussain Fazeel Haroon	Semi Marathon & 10km International De Meknès	18-Feb-18	10Km	43:26	Mariyam Abdul Kareem	World Half Marathon C'ship	24-Mar-18
15 Km	51:42	Shifaz Mohamed	Prague Half Marathon	06-Apr-19	15 Km	1:06:32	Mariyam Abdul Kareem	World Half Marathon C'ship	24-Mar-18
20 Km	1:09:21	Shifaz Mohamed	Prague Half Marathon	6-Apr-19	20Km	1:29:17	Mariyam Abdul Kareem	World Half Marathon C'ship	24-Mar-18
Half Marathon	1.10.55	Shifaz Mohamed	Indian Ocean Islan Games	26-Jul-19	Half Marathon	1:33:37	Mariyam Abdul Kareem	World Half Marathon C'ship	24-Mar-17
Marothon	2.32.56	Shifaz Mohamed	Dubai Marathon	25-Jan-19	Marathon	3:30:32	Mariyam Abdul Kareem	Rumatolia	03-Mar-19